

Psalm 32:1–7 (antiphon v. 1)



Antiphon: Blessèd is the one whose transgression is for- | given,*
whose sin is | covered.

Blessèd is the man against whom the LORD counts no in- | iquity,*
and in whose spirit there is | no deceit.

**For when I kept silent, my bones wast- | ed away*
through my groaning | all day long.**

For day and night your hand was heavy up- | on me;*
my strength was dried up as by the heat of | summer.

I acknowledged my | sin to you,*
and I did not cover my in- | iquity;

**I said, “I will confess my transgressions | to the LORD,”*
and you forgave the iniquity | of my sin.**

Therefore let everyone who is godly
offer prayer to you at a time when you | may be found;*
surely in the rush of great waters, they shall not | reach him.

**You are a hiding place for me;
you preserve me from | trouble;*
you surround me with shouts of de- | liverance.**

**Glory be to the Father and | to the Son, *
and to the Holy | Spirit;
as it was in the be- | ginning,
is now, and will be forever. | Amen. *Antiphon***