

## Rise, My Soul, to Watch and Pray

1. Rise, my soul, to watch and pray;  
From your sleep awaken!  
Be not by the evil day  
Unawares o'ertaken;  
Satan's prey Oft are they  
Who secure are sleeping  
And no watch are keeping.
2. Watch against the wicked world  
With its lies defeat you;  
Lest with bold deceptions hurled  
It betray and cheat you.  
Watch and see Lest there be  
Faithless friends to charm you,  
Who but seek to harm you.
3. Watch against yourself, my soul,  
Lest with grace you trifle;  
Let not self your thoughts control  
Nor God's mercy stifle.  
Pride and sin Lurk within,  
All your hopes to shatter;  
Heed not when they flatter.
4. But while watching, also pray,  
To the Lord unceasing.  
God protects you day by day,  
Strength and faith increasing,  
So that still Mind and will  
Shall unite to serve Him  
And forever love Him